

HR & Employment Law Training Courses

Specialist HR and Employment Law Training for 2026,
Delivered by Trusted Legal Experts





Managers who are equipped with the right knowledge, confidence and practical skills to manage employee relations effectively and lawfully are a vital asset to any organisation. They help reduce risk, save time and costs, and ensure a fair, consistent approach across the business.

Training delivered by the Employment Team at Ashtons Legal provides clear, practical insight into HR and employment law issues, combining legal expertise with real-world application. Our sessions are designed to give delegates a complete understanding of their chosen topic, enabling them to handle workplace challenges with confidence and clarity.

Why choose Ashtons Legal Training?

Even the most experienced HR professionals sometimes need expert legal guidance. At Ashtons Legal, our Employment Team brings specialist knowledge in employment law and practical HR Experience together, giving you clear, actionable advice that you can trust.

Our training is designed to complement your HR expertise, helping you navigate complex employment law issues with confidence and ensuring your organisation stays compliant.

All attendees receive a e-Certificate of Attendance on request, recognising your commitment to professional development and keeping your skills up to date.

Preventing Sexual Harassment: Know Your Duties

Are you confident that you are meeting your responsibilities to prevent sexual harassment in the workplace? This practical workshop is designed to help managers understand their legal duties and take effective steps to create a safe, respectful working environment.

You will learn how to recognise early warning signs of harassment, implement clear and effective policies and procedures, and respond appropriately to concerns and complaints, including how to manage investigations fairly and lawfully.

Short Online Workshop

Tue 17th March 2026 | 10:00 - 11:30am

Hybrid and Remote Working: Managing Teams Effectively

Learn how to strike the right balance between flexibility, productivity and compliance in today's hybrid workplace. This workshop equips managers with a clear understanding of their responsibilities and practical tools to maintain team performance and wellbeing.

Topics include legal rights and employer obligations, setting boundaries, expectations and supporting employee wellbeing while avoiding burnout.

Short Online Workshop

Wed 25 March 2026 | 10:00 - 11:30am



AI, Data and the Future of People Management

Understand the evolving legal and ethical framework surrounding AI, workplace monitoring and automated decision-making as technology continues to shape the 2026 workplace.

This session helps managers use data responsibly, fairly and transparently, while remaining compliant with employment and data protection obligations. Topics include legal and ethical guidelines, the fair use of analytics and monitoring tools, and the policies to support lawful and effective people management.

Short Online Workshop

Wed 8 April 2026 | 10:00 - 11:30am

2026 Employment Law Changes & Risks

This workshop provides essential guidance on the key employment law changes taking effect in 2026 and the risks employers need to manage.

You will gain practical insight into how upcoming developments may impact your organisation, with a focus on reducing legal exposure, maintaining positive employee relations and responding confidently to change.

Half Day Online Workshop

Wed 13 May 2026 | 10:00 - 13:00pm

Navigating Difficult Conversations: Disciplinary and Grievances

This practical workshop provides clear guidance on managing disciplinary and grievance processes with confidence and professionalism. The session focuses on handling challenging conversations effectively, minimising legal risk and maintaining positive employee relations throughout formal procedures.

Half Day Online Workshop

Wed 17th June 2026 | 10:00 - 13:00pm

Foster a Culture of Inclusion: Diversity and Equality Training

Enhance your organisation's culture of inclusion with this practical and engaging workshop. Designed for managers and HR professionals, the session provides clear understanding of diversity, equality and discrimination law, alongside practical strategies to prevent and address harassment and bullying in the workplace.

Short Online Workshop

Wed 15 July 2026 | 10:00 - 11:30am

Supporting Neurodiversity and Mental Wellbeing in the Workplace

This practical workshop equips managers and HR professionals with the knowledge and confidence to support neurodiverse individuals and those experiencing mental health conditions at work.

You will learn how to foster a positive, inclusive working environment and ensure reasonable adjustments are identified and implemented effectively. This session explores common workplace challenges, including concentration difficulties, fatigue, sensory sensitivities and social interactions.

Short Online Workshop

Thu 10th September 2026 | 13:00-14:30pm



How to Carry Out Redundancy and Restructuring Consultations

This practical workshop provides essential guidance on managing redundancy and restructuring consultations lawfully and effectively. The session focuses on minimising legal risk, maintaining positive employee relations, and handling difficult situations with confidence and clarity.

Short Online Workshop

Mon 14 September 2026 | 10:00 - 11:30am

Essential Employment Law for Managers

This workshop is designed to help managers and HR professionals tackle common HR challenges with confidence. The session explores key areas including equality and diversity, and disciplinary procedures, using interactive case studies and practical exercises. You will develop the skills to identify potential issues early, implement effective solutions and minimise legal risk.

Half Day Online Workshop

Mon 5 October 2026 | 10:00 - 13:00pm

Appraisals and Performance Management

This practical workshop equips line managers with the essential skills to manage and improve employee performance effectively. The session covers the legal framework, delivering constructive feedback, coaching techniques, and practical approaches to managing both high and low performance in the workplace.

Short Online Workshop

Wed 18 November 2026 | 10:00 - 11:30am

Please note: Our Preventing Sexual Harassment and Diversity and Quality training courses include a follow-up quiz, which can be completed at your leisure. This is designed to reinforce key learning points and help deepen your understanding of the legal and practical issues covered during the sessions.



2026 Training Schedule

Training	Date
Preventing Sexual Harassment	Tue 17th March 2026 10:00 - 11:30am
Hybrid and Remote Working	Wed 25 March 2026 10:00 - 11:30am
AI, Data & the Future of People Management	Wed 8 April 2026 10:00 - 11:30am
2026 Employment Law Changes and Risks	Wed 13 May 2026 10:00 - 13:00pm
Navigating Difficult Conversations	Wed 17 June 2026 10:00 - 13:00pm
Fostering a Culture of Inclusion	Wed 15 July 2026 10:00 - 11:30am
Supporting Neurodiversity & Mental Wellbeing	Thur 10th September 2026 13:00-14:30pm
How to Carry out Redundancy & Restructuring	Mon 14 September 2026 10:00 - 11:30am
Essential Employment Law	Mon 5 October 2026 10:00 - 13:00pm
Appraisals and Performance Management	Wed 18 November 2026 10:00 - 11:30am



Bespoke HR Training for Managers and Teams

Your managers are pivotal in driving results through your people, but how confident are they when managing complex people issues, particularly when employment relationships become challenging?

At Ashtons Legal, our trainers bring extensive experience in HR and Employment Law across both public and private sectors. We deliver engaging, interactive sessions that consistently receive excellent feedback from clients.

Our bespoke training approach ensures we fully understand your organisation's goals, management style, and the specific challenges you face. We then design tailored workshops and programmes to build knowledge, skills and confidence for managers and teams.

We offer half day, full day or longer sessions, delivered at venues and on dates convenient for you. All sessions are interactive and led by knowledgeable professionals, and include comprehensive materials and handouts.

Our bespoke packages can cover a wide range of people management and HR topics, including, but not limited to:

Equality, Diversity and Inclusion
Sexual Harassment Prevention
Performance Management
Redundancy and Restructuring.

We also provide **modular team leader and supervisory development programmes**, combining leadership and management behavioural styles with essential soft skills, such as effective communication, coaching and staff motivation.

eLearning in Partnership with Ashtons Consulting

In today's fast-paced workplace, ensuring your team has the right skills and knowledge is essential for productivity, compliance and staff engagement. Our e-learning platform offers a flexible, cost-effective way to deliver high-quality training to your employees, supporting your organisation's goals and improving overall performance.

Whether your focus is:

- Staff motivation
- Customer satisfaction
- Compliance
- Improved organisational performance
- Cost-effective training.

...our e-learning solutions provide practical, accessible learning for your workforce.

Why use eLearning for your employees?

Tailored - select the modules most relevant to your business needs

Flexible administration - manage employee accounts yourself or let us handle them

Cost-effective - often more affordable than classroom training

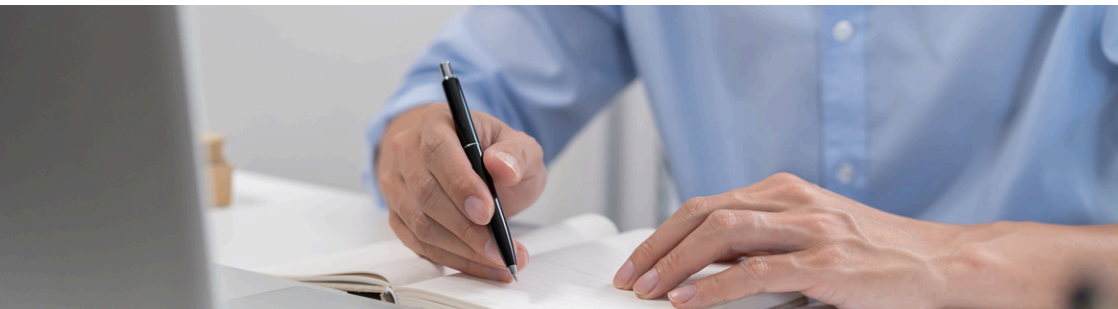
Compliance tracking - monitor completion of mandatory training through a portal.

Available courses include:

- Supervising Mental Health at Work
- Conflict Resolution in the Workplace
- Developing Good Employee Relations
- Effective Delegation
- Problem Solving in the Workplace
- Stress Management.

Course cost: £35 per person + VAT

Our e-learning solutions help employers build skilled, confident teams while improving performance, engagement, and compliance.



Our Trainers



Claire Sleep

Partner

claire.sleep@ashtonslegal.co.uk

01223 431094



Jessica Piper

Senior Associate

jessica.piper@ashtonslegal.co.uk

01603 703073



Tom Beattie

Solicitor

tom.beattie@ashtonslegal.co.uk

01473 261342



Oliver Brabbins

Consultant

Oliver.Brabbins@ashtonslegal.co.uk

01473 261342

Costs

Short Online Courses - £85 + VAT

Half Day Courses- £165 + VAT

What's next?

Courses can be booked online here:

<https://www.eventbrite.com/cc/hr-employment-law-training-3891533>

For more details or if you have questions about our training programs, group booking discounts, or other opportunities, please contact:

Sandra Stickney | sandra.stickney@ashtonslegal.co.uk | 01223 431081

More Information

We would be delighted to discuss how we can help you and your clients.

Please contact us:

The Long Barn
Fornham Business Court
Bury St Edmunds
Suffolk, IP31 1SL

E: enquiries@ashtonslegal.co.uk
T: 0330 191 7828



Please note that all dates and times are subject to change at the discretion of Ashtons Legal.

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