



1

Allianz Insurance and Channel 4
Presents

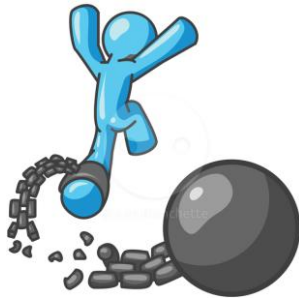
2



3



4



So what
have I
learnt..?



5



Be Resilient

"Do not be defined by a bad experience"



6



Step Out Of Your Comfort ZONE



JACK RUTTER SKILLS SCHOOL

7



Positive Attitude

“The only disability in life is a bad attitude”



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Any Questions?...



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